

INDIRA GANDHI INSTITUTE OF PHYSICAL EDUCATION & SPORTS SCIENCES
(University of Delhi)

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Ref. No.IPE/2026/19/1239

Dated: 09.03.2026

NOTICE

All M.P.Ed. Semester IV students who have opted for Dissertation are informed that the list of Dissertation Titles submitted by them is attached.

Students may check the details and report any discrepancy to the Student Dealing Section. Any change in the Dissertation Title may be made with the consent of the Supervisor.

Students who have not yet submitted their Supervisor's name and Dissertation Title are requested to submit the same.

All corrections, changes, or submissions must be completed by 13 March 2026 (Friday) till 1:00 PM.

Sandeep Tiwari
9/3/2026

(Prof. Sandeep Tiwari)
Principal (Offg.)

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**INDIRA GANDHI INSTITUTE OF PHYSICAL EDUCATION AND SPORTS SCIENCES
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**LIST OF STUDENTS M.P.Ed. SEMESTER - IV (2025-26)
MPE 1006 : Dissertation (Topic Submission Data)**

S.No	Exam Roll No	Class Roll No	Name of Student	Supervisor	Co- Supervisor	Topic Name
1	24001	M-1/24	ABHISHEK DAHIYA	Prof. Man Singh		Role of Physical Education Teachers, Professors and Coaches in Promotion of Physical Education and sports in University of Delhi
2	24002	M-02/24	AJAY SINGH	Prof. Dharmender Kumar		A Meta-Analysis of Social Exclusion in Sports
3	24003	M-03/24	AJIT KUMAR	Prof. Gauri Chakraborty		Study on Peak Force Two of the Right Foot during Walking Gait at 42 Experimental Conditions of Adolescent School-Going Girls
4	24004	M-04/24	AKANSHA	Prof. Anil Kr Vinaik	Dr. Subhang Negi	OMSAT Profiling of Handball Players of IGIPESS, University of Delhi.
5	24005	M-05/24	AKASH KUMAR	Prof. Anil Kr Vinaik	Dr. Subhang Negi	Kinematic Determinants of Spiking Ability of Male Inter-College Volleyball Players of the University of Delhi
6	24006	M-6/24	AKSHAY PANWAR	Prof. Dharmender Kumar		Selective Profile of Kabaddi Players Based on Physical and Physiological Assessment
7	24007	M-07/24	ANIL KUMAR BAGHEL	Prof. Sonia Shalini	Dr. Rabiya Husain	A Biomechanical Study on Maximum Force Two of the Right Foot during Walking Gait at 42 Experimental Conditions of School-Going Sports Girls.
8	24008	M-08/24	ANJALI	Prof. Sarita Tyagi		Relationship Between Perceived Stress and Sleep Quality among Athletes and Non-Athletes
9	24009	M-09/24	ANKITA CHAHAL	Prof. Sandhya Tiwari		Assesment of Menstrual Cycle, Body Composition and Basal Metabolic Rate of Selected Sports Players
10	24010	M-10/24	ANKUR GAHLOT	Prof. Sonia Shalini	Dr. Rabiya Husain	Multivariate Comparison of Peak Force One & Two of Adolescent Girls Belonging to Sports & Non-Sports Group
11	24014	M-14/24	BABITA YADAV	Prof. Monika Wasuja		A Comparative Study of Prevalence and Severity of Primary Dysmenorrhea among University Athletes and Non-Athletes.
12	24015	M-15/24	BHAWANI SHANKAR MAHANTA	Prof. Sandeep Tiwari		Guilt and Shame in Athletes: Psychometric Evaluation of the Athletic Perception of Performance Scale among National-Level Taekwondo Athletes.
13	24016	M-16/24	BHOOMI CHOUHAN	Prof. Sandeep Tiwari		Validation of the Coaching Behaviour Scale for Sports.
14	24017	M-17/24	BINDU	Prof. Sarita Tyagi		The Relationship between Mental Toughness, Competitive Anxiety, and Athlete Burnout in Field Hockey Players during the Competitive Season.
15	24018	M-18/24	DEEPAK BISHT	Prof. Sandhya Tiwari		Relationship between Selected Anthropometric Indices and Health Markers in Employees.
16	24020	M-20/24	HRITHIK KUMAR BANKE	Prof. Sandeep Tiwari	Dr. Anshuman Shukla	Mental Skill Profile of Elite and Non-Elite Badminton Players.
17	24021	M21/24	KARAN VEER			Topic Not Submitted
18	24022	M-22/24	MANJU	Prof. Dharmender Kumar		Revalidation of the Questionnaire on Conditions for Effective Gender Equality among Indian Players.
19	24023	M-23/24	MD SADIQ	Prof. Anil Kr Vinaik	Dr. Subhang Negi	Relationship between Goal Setting and Goal Orientation among Handball Players.
20	24024	M-24/24	MEGHA SHARMA	Prof. Gauri Chakraborty		A Study on Peak Force Two of Left Foot of Walking gait at 42 Experimental Conditions of Healthy School Going Girls
21	24025	M-25/24	MORRIS TIRKEY	Prof. Man Singh		A Study on Sports Achievement Motivation among Amateur and Professional Football Players with Reference to their Playing Positions
22	24027	M-27/24	NAMRATA KAUR	Prof. Rita Jain	Prof. Aruna Gulati	Study on the Status of Heart Rate Variability and Psychophysiological Status in Aerobic and Anaerobic Athletes.

S.No	Exam Roll No	Class Roll No	Name of Student	Supervisor	Co- Supervisor	Topic Name
23	24026	M-26/24	NAMAN SAINI	Prof. Sonia Shalini	Dr. Anshuman Shukla	The Relationship between Static Segmental Strength and Flexibility Profiles in Male and Female College Athletes.
24	24028	M28/24	NGAWANG LHADON	Prof. Sandhya Tiwari		Validation of Soccer Specific Interval Test on Male Inter- Collegiate Football Players
25	24029	M-29/24	NIDHI AGARWAL	Prof. Samiran Chakraborty		Integration of Spots and Academics Under NEP 2020 - Challenges and Opportunities at College Level
26	24030	M-30/24	NIDHI PATHAK	Prof. Gauri Chakraborty		Comparative Study of Bilateral Symmetry of Peak Force 1 and 2 in Sports Girls with Progressive Backpack Loads and Walking Durations
27	24031	M-31/24	NIPUN RUHELA	Prof. Gauri Chakraborty	Dr. Rabiya Husain	Bilateral Symmetry of Maximum Force (F1 & F2) among Sedentary Adolescent Girls with Progressive Load and Duration during Walking Gait.
28	24032	M-32/24	PARAS SHARMA	Prof. Sonia Shalini	Dr. Rabiya Husain	An Analysis of Force Two of the Left Foot during Walking Gait with Selected Backpack Loads and Walking Durations of Adolescent Sports Girls.
29	24034	M-34/24	PULKIT SHARMA	Prof. Sarita Tyagi		Impact of Mixed-Gender Training on Physical Fitness and Skill Performance in Female Hockey Players.
30	24035	M-35/24	RAHUL	Prof. Ekta Bhushan		Effect of Different Training Tools on Balance, Agility, Acceleration, and Power among Volleyball Players in Different Playing Positions
31	24037	M-37/24	RAHUL SINGH	Prof. Anil Kr Vinaik	Dr. Rabiya Husain	A Biomechanical Study on the Effect of Progressive Loads and Walking Durations on the First Peak of Maximal Ground Reaction Force in School-Going Girls (10–16 Years).
32	24038	M-39/24	RITIKA	Prof. Man Singh		An Assessment of Physical Education Attitude among School Students.
33	24039	M-40/24	SEEMA	Prof. Man Singh	Nidhi Kuhar	An Analysis of Leadership Behaviour and It's Influence on Team Performance among College Football Players
34	24040	M-41/24	SHASHWAT SHARMA	Prof. Man Singh	Dr. Anshuman Shukla	Comparison between Sports Motivation and Leadership Style among Volleyball Players of Different Playing Positions of the University of Delhi.
35	24042	M-43/24	SHIKHA	Prof Lalit Sharma		What Motivates Athletes to Recover: A Qualitative Exploration of Perceptions, Behaviours, and Barriers to Recovery Engagement.
36	24046	M-47/24	SUMERU KUMAR	Prof. Dharmender Kumar		Social Mobility through Sports: A Meta-Analytic Review.
37	24047	M-48/24	SURAJ TIWARI	Prof. Dharmender Kumar		Development and Validation of a Questionnaire on Sports as a Social Institution.
38	24048	M-49/24	VIPIN KHALKHO	Prof. Sandhya Tiwari		Effect of Selected Physiological Parameters and Number of Coaching Hours on Quality of Sleep in Football Coaches
39	24049	M-50/24	VIPUL CHHOKER	Prof. Sandhya Tiwari		Development of a Composite Health Risk Index Based On Physical Activity, Fitness and Lifestyle Parameters Among Students
40	24050	M-51/24	VISHIKA	Prof. Man Singh		Relationship between Selected Psychological Variables and Performance of Handball Players.
41	24051	M-52/24	YOGESH KUMAR DEEP	Prof. Man Singh		A Comparative Study of Physical Fitness among Students of Different Types of Schools in Delhi.
42	31004	M-4/22	AMANDEEP YADAV	Prof. Sonia Shalini	Dr. Rabiya Husain	A Study on 42 Experimental Conditions of Progressive Load and Duration of Walking on Maximum Force Two of School-Going Sports Girls.
43	31010	M-10/22	ANJALI SHARMA	Prof. Lalit Sharma		Self-Stigma and Attitudes toward Seeking Psychological Help among Sportspersons: An Exploratory Study.